

COLLEGIATE/PRO ELITE TRAINING RATES WITH ADAPT SPORTS & FITNESS LLC

DAILY BUNDLE/DROP-IN/1x WEEK RATE

2 WORKOUTS/WEEK x 4 WEEKS (ALL PROGRAMMING)

3+ WORKOUTS/WEEK x 4 WEEKS (ALL PROGRAMMING)

COLLEGIATE/PRO REGIMEN:

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| ATHLETIC DEVELOPMENT (SPORTS PERFORMANCE) (60+ MIN.) | \$100+/WORKOUT | \$75+/WORKOUT | \$50+/WORKOUT |
| ALL-PURPOSE TRAINING (MULTI-SKILL WORK + RAPID-FIRE SHOOTING) (60 MIN.) | \$200+/WORKOUT | \$175/WORKOUT | \$150/WORKOUT |
| DUO/TRIO BASKETBALL SHOOTING WORKOUT ON SHOOTING MACHINE WITH SKILLS COACH 2 - 3 ATHLETES/STATION (30 MIN.) | \$50/WORKOUT | INCLUDED IN PACKAGE (WHEN APPLICABLE) | INCLUDED IN PACKAGE (WHEN APPLICABLE) |
| TOTAL: | \$350+ PER DAY | \$250+ PER DAY (\$500+/WEEK) | \$200+ PER DAY (\$600+/WEEK) |

STAND ALONE PROGRAMMING:

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| LARGE GROUP WORKOUTS (VARIOUS SPORTS) 10+ ATHLETES (60 MIN. - 90 MIN.) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$75+ - \$90+/LESSON RENTED GYM SPACE: \$90+ - \$125+/LESSON | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$60+ - \$75+/LESSON (\$120+ - \$150+/WEEK) RENTED GYM SPACE: \$75+ - \$90+/LESSON (\$150+ - \$180+/WEEK) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$50+ - \$60+/LESSON (\$150+ - \$180+/WEEK) RENTED GYM SPACE: \$60+ - \$75+/LESSON (\$180+ - \$225+/WEEK) |
| SMALL GROUP WORKOUTS (VARIOUS SPORTS) 4 - 9 ATHLETES (NO MORE THAN 6:1 ATHLETES-TO-TRAINER RATIO) (60 MIN. - 90 MIN.) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$125+ - \$175+/LESSON RENTED GYM SPACE: \$150+ - \$200+/LESSON | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$100+ - \$150+/LESSON (\$200+ - \$300+/WEEK) RENTED GYM SPACE: \$125+ - \$175+/LESSON (\$250+ - \$350+/WEEK) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$75+ - \$125+/LESSON (\$225+ - \$375+/WEEK) RENTED GYM SPACE: \$100+ - \$150+/LESSON (\$300+ - \$450+/WEEK) |
| SEMI-PRIVATE WORKOUTS 2 - 4 ATHLETES (60 MIN. - 90 MIN.) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$175+ - \$225+/LESSON RENTED GYM SPACE: \$200+ - \$250+/LESSON | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$150+ - \$200+/LESSON (\$300+ - \$400+/WEEK) RENTED GYM SPACE: \$175+ - \$225+/LESSON (\$350+ - \$450+/WEEK) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$125+ - \$175+/LESSON (\$375+ - \$525+/WEEK) RENTED GYM SPACE: \$150+ - \$200+/LESSON (\$450+ - \$600+/WEEK) |
| PRIVATE WORKOUTS WITH EXPERT STAFF 1 ATHLETE (60 MIN. - 90 MIN.) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$225+ - \$275+/LESSON RENTED GYM SPACE: \$250+ - \$300+/LESSON | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$200+ - \$250+/LESSON (\$400+ - \$500+/WEEK) RENTED GYM SPACE: \$225+ - \$275+/LESSON (\$450+ - \$550+/WEEK) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$175+ - \$225+/LESSON (\$525+ - \$675+/WEEK) RENTED GYM SPACE: \$200+ - \$250+/LESSON (\$600+ - \$750+/WEEK) |
| PRIVATE WORKOUTS WITH JULIAN WRIGHT 1 ATHLETE (60 MIN. - 90 MIN.) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$400 - \$550/LESSON RENTED GYM SPACE: \$425 - \$575/LESSON | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$375 - \$525/LESSON (\$750 - \$1,050/WEEK) RENTED GYM SPACE: \$400 - \$550/LESSON (\$800 - \$1,100/WEEK) | (60 MIN. - 90 MIN.) NON-RENTED GYM SPACE: \$350+ - \$500+/LESSON (\$1,050+ - \$1,500+/WEEK) RENTED GYM SPACE: \$375+ - \$525+/LESSON (\$1,125+ - \$1,575+/WEEK) |
| FILM ANALYSIS (BREAKDOWN OF ATHLETE'S CLIPS AND/OR EXAMPLES (15+ MIN.)) | STARTING @ \$60/SESSION | N/A | N/A |
| DIY SHOOTING (SOLO BASKETBALL SHOOTING WORKOUT ON SHOOTING MACHINE LIMIT 1 ATHLETE/STATION) (60 MIN.) | \$60/WORKOUT | N/A | N/A |

- WE WILL SEND AN INVOICE OR EMAIL FOR RECORD-KEEPING PURPOSES, UPON CONFIRMATION OF SERVICES AND FREQUENCY OF WORKOUTS FOR THE CLIENT OR REPRESENTATIVE OF A CLIENT/AN ORGANIZATION
- TO SECURE TIME SLOTS, PAYMENT IN FULL OR 75% OF THE BALANCE IS REQUIRED FOR TRANSACTIONS \$500 OR MORE; REMAINDER OF THE BALANCE IS DUE NO LATER THAN 2 DAYS FROM THE HALFWAY MARK WITHIN A PACKAGE OR CLIENT'S TIME SLOT IS FORFEITED AND THEIR INQUIRY GOES TO THE BACK OF THE QUEUE FOR SCHEDULING
- ADAPT SPORTS & FITNESS LLC RESERVES THE RIGHT TO TERMINATE THE AGREEMENT OR NOT SCHEDULE FURTHER WORKOUTS IF A CLIENT/ORGANIZATION FAILS TO PAY BY SPECIFIED AND AGREED DEADLINES
- FILM ANALYSIS IS INCLUDED IN THE RATE FOR PRIVATE 4-WEEK PACKAGES (OTHER ATHLETES, LIVE WORKOUT SEGMENTS, ETC.) TO HELP WITH THEIR "HOME WORK" IN BETWEEN WORKOUTS
- AFTER THE DEPOSIT IS PAID, SCHEDULING WILL TAKE PLACE AS SOON AS POSSIBLE WITH THE UTMOST CONSIDERATION OF ASSISTING CLIENTS (REASONABLY) WITH THEIR PREFERRED WORKOUT TIME OR LOCATION
- THESE RATES ARE GOOD THROUGH OCTOBER 12, 2026 AND CLIENTS/ORGANIZATIONS ARE GRANDFATHERED INTO OUR LOWEST RATES (WE RESERVE THE RIGHT TO CHANGE RATES ACCORDING TO CERTAIN REQUESTS OR REQUIREMENTS WITHIN INQUIRIES WHILE GUARANTEEING THE CURRENT LOWEST RATES FOR CLIENTELE PAYING/TRAINING PERPETUALLY)
- NOTES ABOUT SPECIALS: WE OFFER NEGOTIABLE DISCOUNTS FOR ORGANIZATIONS THAT SEND 2 OR MORE ATHLETES TO TRAIN DURING THE SAME TIME PERIOD. LASTLY, 5 WEEKS ARE GIVEN FOR CLIENTS TO COMPLETE WORKOUTS WITHIN A 4-WEEK WORKLOAD TO MAKE SURE WE ARE FLEXIBLE WHILE STILL HOLDING ALL PARTIES ACCOUNTABLE TO REACH CERTAIN GOALS.